

# Endpoints for Design and Technology

## Year 4 - Sandwich



### What I know and can explain

I can discuss and define the characteristics of a sandwich.

I can explain the role of each ingredient in a simple bread recipe.

I can name the 5 food groups.

I understand the importance of a balanced diet.

I can design a healthy sandwich recipe.

I can draw an exploded diagram of my sandwich.

I can choose the appropriate cutting technique for my sandwich ingredients.

I can spread ingredients onto my bread.

### Higher Standard

I can bake a bread roll from scratch.

### Useful Vocabulary

bread

carbohydrate

dairy

dough

elastic

fats

flour

gluten

ingredient

kneading

knocking back

protein

proving/fermentation

shaping

sugars

texture

water

yeast