

PSHCE - Test your skills

Year 5 Basic First Aid



1. True or false?

‘All bacteria are harmful.’

True False

1 mark

2. Give **two** ways bacteria and viruses could be spread:

1)

2)

1 mark

3. Give **one** way we can prevent the spread of bacteria and viruses.

1 mark

4. Fill in the blanks:

A vaccine / disinfectant is a substance used to encourage the body to make antibodies / antivirus. This can give you immunity / energy to fight one or several injuries / diseases.

1 mark

5. **Anaphylaxis** is a form of

- extreme allergic reaction a type of bacteria
 intolerance a type of antibacterial cleaning product

1 mark

6. When buying sunscreen, you should look for UV protection and SPF.
What do they each stand for?

SPF =

UV =

2 marks

7. If you need to contact the emergency service, what number should you call?

1 mark

8. The LIONEL system that will help you know what details will be asked of you if you are on the phone to the emergency services.

Choose a letter of the LIONEL system and explain what it stands for.

2 marks

L =

I =

O =

N =

E =

L =

/10

Total