

Science - Test Your Skills

Year 3 Animals Including Humans



1. Circle the **seven** things that all living things do (remember MRS GREN).

Camouflage	Growth	Excretion	Flying
Sensitivity	Respiration	See	Reproduction
Photosynthesis	Swim	Movement	Nutrition

1 mark

2. Circle the **three** things skeletons are needed for.

breathing	seeing	movement
support	protection	smelling

1 mark

3. Cross out the incorrect words.

Muscles help the body to **move** / **hear** / **taste**.

They do this by working on their **own** / **in pairs**.

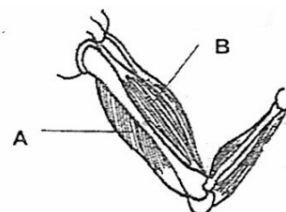
1 mark

4. **Circle** all the things that could give animals nutrients.



1 mark

5. Explain how the muscles are working together to bend the arm in the diagram. Use the words **contract** and **relax**.



2 marks

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6. Match the food group to the types of food.

Fats	bread, pasta, cereals, rice
Carbohydrates	fish, meat , milk, eggs, beans
Milk and dairy	milk, yoghurt, fromage frais, milkshakes and cheese
Fruit and vegetables	fresh as well as frozen, tinned, dried and juices of fruits and vegetables
Protein	milk, cheese, butter, cooking oil, meat

1 mark

7. Complete the sentences by writing the name of a food group on each dotted line. Choose from the food groups listed below:

..... andgive you energy.
..... helps the body grow and repair.
.....helps to keep your bones and teeth strong.
..... help you stay healthy.

2 marks

8. Explain what is meant by a balanced diet.

.....
.....
.....

1 mark

/10
Total