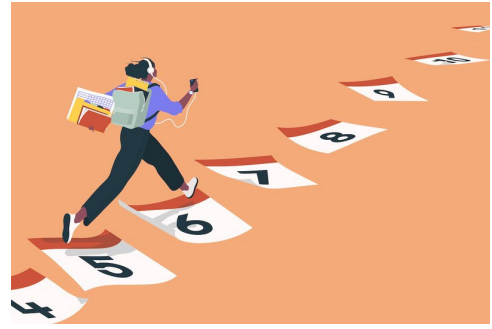


Assessment for PSHCE

Year 4 - Health and Wellbeing 1

What strengths, skills and interests do we have?



Learning Objectives	Self	Teacher Assessment	
	√√√	Towards	Expected
I can recognise qualities that make people unique.			
I can explain the importance of self-esteem and know how to maintain it.			
I can analyse personal qualities and achievements.			
I know how to set goals with achievable steps.			
I can identify strategies to overcome setbacks.			
Higher Standard	Self	Teacher Assessment	
I can assess and review personal goals for the end of year 4.			

Useful Vocabulary

achievements
 analyse
 apply
 goal
 goals
 grief

improve
 intensity
 mind set
 qualities of a person
 reaction
 resilience

response
 self-esteem
 set-back
 unique