



Churchfields Junior School

inspiring excellence



South Woodford, London, E18 2RB | Tel: 020 8504 4650 | Fax: 020 8559 2358 | admin.churchfields-jun@redbridge.gov.uk

Monday 10th September

‘CYCLING REVOLUTION’ AT OUR SCHOOL – FOR YEAR 4 PUPILS

Dear Parents and Carers

A ‘cycling revolution’ is coming to our school! Redbridge Council has funded some really exciting free cycling activities at our school to encourage more pupils and families to cycle to school. Cycling to school is free, fun and a great way to keep healthy and reduce pollution and congestion around our school.

All the activities will be delivered by Cycle Confident Ltd, who work with the Smarter Travel and Road Safety Teams at the Council. The training is carried out by two fully accredited National Standards Cycling Instructors, with full enhanced DBS (formerly CRB) checks and many years of experience providing this form of training.

If you would like your child to take part in **Level 1 Bikeability Cycle Training** for Year 4 pupils, then please complete and return the attached form to school.

The training for Year 4 children will take place on Tuesday 9th and Wednesday 10th October. Training is in the school playground only and aims to train pupils to control and master their bike in a traffic-free environment. If your child misses any session they will not be able to pass this course. I am writing to invite you to register your child(ren) for this training. There are 30 places available, so please return the form to the school office by Tuesday 18th September at the latest. If more than 30 pupils apply, then places will be allocated by a ballot. You will be sent an e-mail on Wednesday 19th September to confirm if your child is selected.

Pupils taking part must have their own roadworthy bicycle of an appropriate size in relation to their height. Where bicycles are deemed too small or too big by the cycling instructors, trainees may not be able to attend the course.

Pupils need to be able to bring their bicycle to school on the days of the course – **they cannot be left in school overnight**. Children also need to bring a cycle helmet.

Please ensure that your child:

- **Has sufficient warm clothing**, including gloves (sessions are between 1 and 2 hours and are outside). High visibility tabards are provided.
- **Has some wet weather clothing**, e.g. a shower or waterproof jacket as a minimum, and preferably some over-trousers. The training will continue in light to moderate rain but will be suspended if there is a heavy downpour.

Thank you for supporting training in this valuable life skill.

Rebecca Emeny
Head Teacher

Churchfields Junior School is committed to safeguarding and promoting the welfare of children and young people and we implement Child Protection procedures in the appointment of all staff



Year 4 pupils - Cycle Confident School Cycle Training Consent Form

School name:			
Trainee Full Name:		Age:	
Class number/ name:		Gender:	
Any Special Needs or requirements?			

Home Address Details

House Number/ Name and Street:			
Town:		Postcode:	

Bicycle

My child has a bicycle	YES	NO
My child may share his/her bicycle	YES	NO
(This would allow children who would otherwise be unable to participate to receive training too.)		

TERMS & CONDITIONS FOR SCHOOL CYCLE TRAINING (please read carefully)

For Bikeability Level 1:

- The training will be playground-based and covers basic skills such as starting, stopping, maneuvering and looking round safely. Please note that this course is not intended for complete beginners. For more information on the training covered please visit: www.cycleconfident.com/courses/school-level1
- The training will be carried out by 2 fully accredited National Standards Cycling Instructors with full enhanced DBS (formerly CRB) checks and many years of experience providing this form of training.
- Pupils taking part must have their own roadworthy bicycle of an appropriate size for their height. Where bicycles are deemed too small or too big by the instructors, trainees may not be able to attend the course.
- Pupils need to be able to bring their bicycle to school for the week as well as a cycle helmet. Please ensure that the helmet is undamaged and is the right size for your child otherwise they will not be able to participate in the training unless they can borrow an alternative.
- Pupils taking part in Bikeability cycle training will wear the supplied high-visibility waistcoat.

For all cycling activities:

- Persons under 16 years of age **MUST** wear an approved cycle helmet while undertaking the training.
- I agree that the instructor(s) can adjust my child's bicycle if necessary.
- I agree that my child will conduct him/herself in an appropriate manner and follow the directions of the instructor(s).
I understand that the instructor may decline training for a child whose behaviour is disruptive or is considered to be putting him/herself, other people or property at risk.
- I am responsible for providing my child with suitable clothing for cycling.
- If my child brings personal belongings to the course, he/she does so at his/ her own risk.
- This application/ consent form **MUST** be signed by the child's parent or guardian.

I have read, understood and agree to the Terms and Conditions above

Signed:		Date:	
Contact Number(s):			
Email address:			

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Please tick the box if you would like your email address to be passed to the London Borough of Redbridge to receive information about future cycling and active travel initiatives in the borough. Your details will be treated in the strictest confidence in accordance with the Data Protection Act 1998

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