



JAVELIN

LONG JUMP

BE FIT TODAY TRACK ACADEMY

OPEN DAY

VENUE: LEE VALLEY ATHLETICS CENTRE
61 MERIDIAN WAY, EDMONTON, N9 0AR

DATE: MONDAY 1ST OCTOBER

TIME: 5PM – 6.30PM

RELAYS

FREE ENTRY

Age: 8yrs – 12yrs

Email: ADMIN@BEFITTODAY.CO.UK

Tel: 0207 101 5049

Website: WWW.BFTTA.CO.UK