



# Churchfields Junior School

*inspiring excellence*



South Woodford, London, E18 2RB | Tel: 020 8504 4650 | Fax: 020 8559 2358 | admin.churchfields-jun@redbridge.gov.uk

22<sup>nd</sup> February 2018

## Year 5 and Year 6 Health and Relationships Education

Dear Parent / Carer,

There is a vast amount of, sometimes confusing, information about relationships on the internet, on TV, in magazines, etc. which young people may have access to. This can sometimes make an already confusing time seem even more complicated. Therefore as part of the school's Personal, Social and Health Education programme in Year 5, your child will take part in **sessions on puberty and personal hygiene**. In Year 6, the children recap what they learnt in Year 5. In Year 5 and 6 they watch the same Channel 4's 'Living and Growing' DVD.

The sessions for this will occur during this half-term.

All teaching materials are appropriate to the age and emotional maturity of the pupils concerned and the teachers will aim to present the programme in an objective, balanced and sensitive manner.

Part of this programme includes watching a part of Channel 4's Living and Growing DVD which you are welcome to preview at 2pm on Thursday 15<sup>th</sup> March when we would also be happy to answer any questions.

We feel children learning about this topic with their class teacher rather than hearing from other children in the playground is a better way to learn the scientific facts about puberty. However, parents can withdraw their children from all or part of relationships and health education. If after watching the video and talking to the teachers, you wish to withdraw your child from all or part of the schools health education programme, please let your child's class teacher know in writing.

Yours sincerely,

Mr. J. Kitchener  
(PSHE Leader)

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**Year 5 and Year 6 Health and Relationships Education** - Please return this slip to Mr Kitchener by Wednesday 14<sup>th</sup> March

Parent name(s) \_\_\_\_\_ will be attending at 2pm on Thursday 15<sup>th</sup> March to watch the Living and Growing DVD.

*Churchfields Junior School is committed to safeguarding and promoting the welfare of children and young people and we implement Child Protection procedures in the appointment of all staff*

