



Churchfields Junior School

inspiring excellence



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Tuesday 14th March

Extra Bike training for Year 6 children who have not passed Level1/2

Dear Parents and Carers

We have been given the excellent opportunity to provide extra free Bikeability Level 1 and 2 cycle training to our children in year 6 who have not already passed level 1 and 2 as a way to help all children be cyclists before they move on to secondary school.

The training will be provided by Cycle Confident Ltd who work with the Road Safety team at Redbridge. This training is designed to give children the skills and experience to cycle safely and confidently. It is Cycling Proficiency for the 21st Century. Children enjoy cycling and of course it brings many health benefits, develops confidence and gives them independence. Children who have been trained are much safer and, in addition, tend to cycle more.

The training for Year 6 children will take place from Monday 15th May to Friday 19th May (the week after SATs). If your child misses any session they will not be able to pass this course. I am writing to invite you to register your child(ren) for this training. There are 24 places available, so please complete and return the attached form to the school office by Friday 17th March at the latest. If more than 24 pupils apply then places will be allocated by a ballot. You will be sent an e-mail on Monday 20th March to confirm if your child is selected. Please note that the majority of the training will take place on road and children must be at least 10 years old at commencement of the training.

The training will cover both off-road Level 1 training (core basic skills) and then move to on-road Level 2 training on quiet local roads. It is therefore not suitable for children who are complete beginners to cycling. For more information on the training covered please visit: www.cycleconfident.com/courses/school-level12

The training is carried out by 2 fully accredited National Standards Cycling Instructors with full enhanced DBS (formerly CRB) checks and many years of experience providing this form of training.

Pupils taking part must have their own roadworthy bicycle of an appropriate size in relation to their height. Where bicycles are deemed too small or too big by the cycling instructors, trainees may not be able to attend the course.

Pupils need to be able to bring their bicycle to school for the week. Children also need to bring a cycle helmet.

Please ensure that your child:

- **Has sufficient warm clothing** including gloves (sessions are between 1 and 2 hours and are outside) High visibility tabards are provided.
- **Has some wet weather clothing** e.g. a shower or waterproof jacket as a minimum and preferably some overtrousers. The training will continue in light to moderate rain but will be suspended if there is a heavy downpour.

If you are happy for your child's bicycle to be used by a child who does not have one while your child is not in training, please make sure you tick the box on the consent form to this effect. This allows children who would otherwise be unable to participate to receive training too.

Thank you for your cooperation in this matter.

R Emeny

Rebecca Emeny
Deputy Headteacher

Churchfields Junior School is committed to safeguarding and promoting the welfare of children and young people and we implement Child Protection procedures in the appointment of all staff



Year 6 pupils - Cycle Confident School Cycle Training Consent Form

School name:			
Trainee Full Name:		Age:	
Class number/ name:		Gender:	
Any Special Needs or requirements?			

Home Address Details

House Number/ Name and Street:			
Town:		Postcode:	

Bicycle

My child has a bicycle	YES	NO
My child may share his/her bicycle	YES	NO
(This would allow children who would otherwise be unable to participate to receive training too.)		

TERMS & CONDITIONS FOR SCHOOL CYCLE TRAINING (please read carefully)

For Bikeability Level 1:

- The training will be playground-based and covers basic skills such as starting, stopping, maneuvering and looking round safely. Please note that this course is not intended for complete beginners. For more information on the training covered please visit: www.cycleconfident.com/courses/school-level1
- The training will be carried out by 2 fully accredited National Standards Cycling Instructors with full enhanced DBS (formerly CRB) checks and many years of experience providing this form of training.
- Pupils taking part must have their own roadworthy bicycle of an appropriate size for their height. Where bicycles are deemed too small or too big by the instructors, trainees may not be able to attend the course.
- Pupils need to be able to bring their bicycle to school for the week as well as a cycle helmet. Please ensure that the helmet is undamaged and is the right size for your child otherwise they will not be able to participate in the training unless they can borrow an alternative.
- Pupils taking part in Bikeability cycle training will wear the supplied high-visibility waistcoat.

For all cycling activities including Bikeability Level 2:

- Persons under 16 years of age **MUST** wear an approved cycle helmet while undertaking the training.
- I agree that the instructor(s) can adjust my child's bicycle if necessary.
- I agree that my child will conduct him/herself in an appropriate manner and follow the directions of the instructor(s).
I understand that the instructor may decline training for a child whose behaviour is disruptive or is considered to be putting him/herself, other people or property at risk.
- I am responsible for providing my child with suitable clothing for cycling.
- If my child brings personal belongings to the course, he/she does so at his/ her own risk.
- This application/ consent form **MUST** be signed by the child's parent or guardian.

I have read, understood and agree to the Terms and Conditions above

Signed:		Date:	
Contact Number(s):			
Email address:			

Please tick the box if you would like your email address to be passed to the London Borough of Redbridge to receive information about future cycling and active travel initiatives in the borough. Your details will be treated in the strictest confidence in accordance with the Data Protection Act 1998

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