



Physical Education at Churchfields' Junior School

Exceptionally high quality PE provision

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Physical education is carefully prepared, planned and delivered by a ball sports specialist at our school. We are also fortunate enough to have a qualified dance and gymnastics specialist. In unison, the coaches and teachers work together ensuring 480 pupils receive two hours of high quality PE each week.

Sports that are coached at our school are **wide and varied, giving the children options to enjoy and**



Adventurous education has a positive life-long impact

excel. A vast range of sports including: Handball, basketball, netball, football, hockey, tag rugby, badminton, tennis, kwik cricket, rounders, athletics, dodgeball, benchball, dance and gymnastics, are delivered throughout the academic sporting calendar. The children have also had the opportunity to sample lacrosse and archery as well as sailing for Year 6. In addition to the PE curriculum, Year 6 children spend 7 days at an Outdoor Educational Centre in Wales. PE is exceptionally high quality and the curriculum is constantly being reviewed.

As part of our curriculum, the students in Year 5 attend the local swimming pool for two terms. Inter class competitions take place in football and rounders. At our termly concerts, all children have the opportunity to perform dance routines to each other and to parents. Our annual summer sports days are organised on the understanding that every child matters and is encouraged to take part and enjoy as many disciplines on offer to them. **Sports leaders** play a vital part in the smooth running of each event.

In relation to daily PE lessons, the gradual success of the Cooper Run as a warm up resulted in the school raising a fantastic £8000 for Cancer Research. For Sport Relief pupils participated in a fantastic Mile Challenge. All the pupils ran a mile around the local area, cheered on by staff, parents and families along the route. Future new warm ups include the Beep and YoYo test. Lessons are planned to ensure that all children enjoy maximum participation and inclusion. Children are encouraged to **co-coach with the teacher as well as lead part of the session** whilst under supervision. Elements of maths and literacy are incorporated in to sports lessons.



Specialist teaching for every child produces outstanding sporting achievements

Facilities

The playground is marked out with an array of multi-coloured courts, 7 netball hoops, a challenging climbing apparatus and 2 outdoor table tennis tables. The school benefits from a large field and cricket strip. We also have a **strong community link with our main feeder high school; Woodbridge**, who allow us to use their astro facility.

Sports teams and competitive success



London Youth Champions 2014

Our school relishes the challenge to compete against others in the borough. In 2014, our hockey team won the London Youth Games. For the last three academic years we have won sportshall athletics, cross country, basketball, tag rugby, football, kwik cricket and netball tournaments or competitions. We currently participate in the Redbridge schools primary netball league and the Redbridge primary football leagues which are run at seven and eleven a side level. Our football team have enjoyed much success and have achieved treble honours; the league, the cup and the

Essex FA Parish cup, where they had the honour of playing at the Arsenal Academy. Our netball team were runners up at the East London Finals where they were presented with their medals by Amanda Newton, ex England captain. Many of our athletes who started playing at school have gone on to successfully compete at County and Academy level.

Churchfields is the first school in history to win the prestigious Redbridge Mini Games competition four times in a row. As the winning school in each individual sport, we have gone on to represent the borough as a school at the London Youth Games in hockey, tennis, football, kwik cricket and individually as swimmers. The girls kwik cricket team reached the London Schools Games Finals which were held in Regents Park. The boys kwik cricket team achieved the highest accolade possible, they were crowned **National champions** two years ago and went on an incredible journey to get there! For the past two seasons we have reached the finals at county level. The boys were lucky enough to be coached and inspired by England internationals to help them on the road to success.

School teams are trained before school in preparation for matches after school. These take place at our local Sports Centre or on our school field. Churchfields encourages and invites BTEC students to deliver under supervision, indoor and outdoor multiskills sessions for our children, this also demonstrates the importance of benefitting both high school and junior school pupils, and we support and help each other. Churchfields also has good relations with local private schools as well as important club links offering outside, evening or weekend opportunities for all our students. **Qualified coaches from local sports clubs** are invited in to our school to help the children develop their skills. One local hockey club has delivered

community coaching days. In 2012 the school had an Olympic themed rotation of events which included EVERY child having the opportunity to play badminton, handball, hockey, table tennis, football, basketball and bowling. Our Olympic legacy and values remain throughout the school.

After school sports have included karate, tag rugby, dance, ballet, netball, hockey, athletics, gymnastics and boys as well as a girls' football club.

Churchfields Junior Schools' constant expectation to perform at a high level in sport and PE is always supported by the Senior Leadership team and all members of staff as well as parents and governors.



We like to celebrate our sporting achievements within the school, with parents and in the community; therefore all sporting news is promoted on the school newsletter, website and a notice board inside and outside of school. A sporting calendar of events are available to view on our school website, as are the evidence of match reports, fund raisers, dress up days, press coverage and sporting news on the PE board.

The Sainsbury's School Games Mark is a Government led awards scheme launched in 2012 to reward schools for their commitment to the development of competition across their school and into the community. We are proud to have achieved the silver award and are currently striving towards gaining the gold mark.

Sport funding creating a lasting legacy

The Government has made available to all schools a sum of money to allow them to continue to develop sports provision within schools and to help schools increase pupil participation in sporting activity. For our school this means approximately £6,300 per year, about £13 per child. Churchfields has exciting ideas



and plans for the future to invest wisely to secure sustainable PE for the present children of Churchfields as well as the next generation. **We used the funding to provide opportunities for any child without any extra-curricular provision and to introduce pupils to new sports.** We maintain a database to track and analyse the huge range of physical activities offered and identify any gaps in provision. Any pupil that does not participate in a weekly sporting activity outside of school is invited to a lunch time or after school multi skills session, where a variety of confidence building activities are on offer. Our school tracker shows that every child has been involved in an extra-curricular sporting activity at some point each year and children say their confidence and self-esteem has grown. Competition

is an important part of life. Children are introduced to competition within different areas of the

curriculum and also the social responsibilities that arise through competition. All children have the opportunity to **compete in intra-competitions** throughout the year. Children gain a good knowledge and understanding of sport even if they may not be a naturally gifted sports person. In addition to this our sporting teams play other schools, with funding for staff to be released to attend day-time competitions and transport when needed for various matches throughout the year. To build staff capacity to achieve sustainability, funding is used for **staff CPD** to develop their skills to use with our pupils and to train other teachers in this and other schools. Using the sport funding to buy a video camera to film pupils' work and then evaluate it, led to extraordinary improvements in achievement.

With this clear vision, we will continue to enjoy, excel, achieve and succeed.

Spending of the Sports Premium Funding

Intervention	Description	Impact
Multi skills club	Pupils who have not previously chosen to participate in any sport in or outside of school have been hand selected for the after school club.	These pupils have now increased their participation within sport and shown increased confidence and enthusiasm in PE lessons.
Football for fun	Pupils have been offered an opportunity to participate in an extra-curricular club with a local football club.	Year 4, 5 and 6 pupils have been offered an extra opportunity that they may not have received outside of the school environment.
Dance professional development workshops	Staff across Redbridge as part of Open Schools will enhance their dance subject knowledge through training led by a dance specialist.	Through the training teaching staff will be able to use their subject knowledge gained to plan and deliver effective lessons.
7 netball hoops for active play	Resources bought to encourage pupil's participation through active break time activities.	Pupils will be able to participate in physical activity throughout their break times.
Transport for extra-curricular fixtures and	Pupils transport to extra-curricular fixtures and events are provided	Pupils will be provided with opportunities to participate in extra-

events	when participation otherwise would not be possible.	curricular competitive situations.
Girls' football club	To engage new players as well as more advanced players.	Allows pupils who are more able to train to play against quality opposition whilst developing all pupils' skills to a higher level.
Intra school football Tournament	Organised football tournament to coincide with the World Cup, allowing all pupils to participate in competitive situations.	All pupils will be provided with opportunities to participate in extra-curricular competitive situations.
Providing increased opportunities for children to compete	Funding for staff release to attend day time local, regional and national sports competitions.	Pupils who are more able in sport are given the chance to participate against others of a similar ability and potential.
Outdoor table tennis tables for active play	Resources bought to encourage pupil's participation through active break time activities.	Pupils will be able to participate in physical activity throughout their break times.